

WPS Large Group Preventive Health Benefits Covered Under Health Care Reform*

This sheet highlights how preventive health benefits are paid under policies subject to health care reform mandates. WPS will pay benefits without cost-sharing for the services and medications listed when care is received from in-network providers. Services received from out-of-network providers are subject to out-of-pocket costs in the form of deductibles and coinsurance amounts. Out-of-network services for customers with HMO plans are not covered.

Routine immunizations including, but not limited to, those recommended by the Advisory Committee on Immunization Practices: influenza/flu; diphtheria; pertussis; tetanus; polio; measles; mumps; rubella; haemophilus influenza B; meningitis; hepatitis A; hepatitis B; varicella; pneumococcal; meningococcal; rotavirus; human papillomavirus; and herpes zoster. Immunizations for travel purposes are not covered.

Routine medical exams including hearing exams, pelvic exams, pap smears and any related routine diagnostic services, routine eye exams with or without refractions, mammograms, and colorectal cancer screenings.

Well-child care including routine medical exams, hearing exams and any related routine diagnostic services, and routine eye exams with or without refractions directly provided to a dependent child in connection with well-child care. This includes those routine services directly provided by a health care practitioner to a covered newborn child during the child's inpatient confinement following his/her birth.

Mammograms limited to one routine mammogram of a covered person per calendar year.



» Questions? Call Customer Support to speak with one of our friendly representatives. For WPS Health Insurance, call **888-915-4001**. For WPS Health Plan, call **888-711-1444**.

WPS[®]

HEALTH INSURANCE • HEALTH PLAN

Preventive screenings for the following, including, but not limited to: abdominal aortic aneurysm; to reduce alcohol misuse (also includes behavioral counseling, as determined by us); chlamydial infection; gonorrhea; congenital hypothyroidism in newborns; screening for hearing loss in newborns; hepatitis B and C; screening for high blood pressure; HIV; iron deficiency anemia in asymptomatic pregnant women; screening for lipid disorders; major depressive disorders in children and adolescents; phenylketonuria in newborns; RH incompatibility; osteoporosis; sickle cell disease in newborns; syphilis; type 2 diabetes; visual impairment in children under age 5; depression in adults; bacteriuria; cervical cancer; screening and behavioral counseling for obesity, as determined by us; gestational diabetes in pregnant women who are between 24 and 28 weeks of gestation and at the first prenatal visit if the woman is identified to be at high risk for diabetes; high-risk human papillomavirus DNA testing in female covered persons with normal cytology results (screening should begin at age 30 and should occur no more frequently than every three years); lung cancer with low-dose computed tomography in adults age 55-80 who smoke 30 packs per year and currently smoke or have quit smoking within the last 15 years.

Preventive drugs including, but not limited to: (a) aspirin for the prevention of cardiovascular disease for ages 50-69 and after 12 weeks of gestation in women who are at high risk for preeclampsia; (b) fluoride supplements for those older than six months; (c) folic acid for women planning or capable of pregnancy; (d) oral contraceptives, contraceptive patches, contraceptive devices (e.g., diaphragms, sponges, and gels), and contraceptive vaginal rings for birth control; (e) nicotine replacements (e.g., patches and gum) and covered drugs used for smoking cessation for those age 18 and over; (f) risk-reducing medications for women

who are at increased risk for breast cancer and at low risk for adverse medication effects; (g) immunizations; (h) low/moderate-dose statins for ages 40-75 with at least one cardiovascular disease risk factor and a 10-year calculated risk of at least 10%; (i) bowel preparations related to a preventive colonoscopy; and (j) pre exposure prophylaxis (PrEP) antiretroviral therapy for covered persons at high risk of HIV acquisition.

For preventive drugs, coverage is also limited to generic drugs when they are available, with the exception of preventive contraceptive methods. If your health care practitioner submits proof to us that it is medically necessary for you to use a brand-name preventive contraceptive method instead of the equivalent generic preventive contraceptive method, we will cover the brand-name drug in full and you will not be charged.

Other services including, but not limited to: blood lead tests; behavioral interventions to promote breast feeding; comprehensive lactation support and counseling by a trained health care provider during pregnancy and/or in the postpartum period; annual counseling on sexually transmitted infections; counseling for tobacco use; prophylactic ocular topical medication for newborns against gonococcal ophthalmia neonatorum; annual screening and counseling for female covered persons for interpersonal and domestic violence; healthy diet and physical activity counseling to prevent cardiovascular disease; and behavioral counseling for skin cancer.

Some laboratory and diagnostic studies may be subject to cost-sharing if determined not to be part of a routine preventive or screening examination. When you have a symptom or history of an illness or injury, laboratory and diagnostic studies related to that illness or injury are no longer considered part of a routine preventive or screening examination.

Preventive drugs include specific supplements, contraceptives, immunizations, and other preventive drugs ranked A or B by the U.S. Preventive Services Task Force.

Preventive care services include routine exams, screenings, immunizations, and other services ranked A or B by the U.S. Preventive Services Task Force.

*Valid for new groups or those that have renewed on or after Jan. 1, 2021.

The logo for WPS (Wisconsin Physicians Service Insurance Corporation) features the letters "WPS" in a bold, blue, sans-serif font. A registered trademark symbol (®) is located at the bottom right of the "S". Below the letters is a thick, solid orange horizontal line.

HEALTH INSURANCE • HEALTH PLAN

Large Group \$0 Drug List

NOTE: For plans having a prescription drug copay (not HSA-qualified), all drugs listed are a \$0 copay. For HSA-qualified plans, only the drugs highlighted in blue are \$0/first dollar (as preventive) due to IRS regulations. The others listed are subject to deductible/coinsurance. Not all forms or strengths of a listed drug may be covered at \$0. This list is subject to change.



CARDIOVASCULAR			
Chapter name	Drug name		
Antiarrhythmic agents	Amiodarone	Disopyramide phosphate	Flecainide acetate
	Mexiletine HCL	Pacerone	Procainamide HCL
	Propafenone HCL	Propafenone HCL ER	Quinidine gluconate
	Quinidine sulfate	Sorine	Sotalol HCL
	Sotalol HCL AF	—	—
Cardiac glycosides	Digoxin	—	—
Nitrates	Isosorbide dinitrate	Isosorbide mononitrate	Nitroglycerin SR
Anticoagulant agents	Warfarin sodium	Jantoven	—
Antiplatelet drugs	Cilostazol	Clopidogrel	Dipyridamole
	Ticlopidine	—	—
Thiazide and related diuretics	Amiloride HCL	Amiloride HCL/Hydrochlorothiazide	Bumetanide
	Chlorothiazide	Chlorthalidone	Eplerenone
	Furosemide	Hydrochlorothiazide	Indapamide
	Methyclothiazide	Metolazone	Spironolactone
	Spironolactone/Hydrochlorothiazide	Torsemide	Triamterene/Hydrochlorothiazide
Beta blockers	Acebutolol HCL	Atenolol	Betaxolol HCL
	Bisoprolol fumerate	Carvedilol	Labetalol HCL
	Metoprolol succinate	Metoprolol tartrate	Nadolol
	Pindolol	Propranolol	Propranolol LA
	Propranolol XL	Timolol maleate	—
Calcium channel blockers	Amlodipine besylate	Cartia XT	Diltiazem HCL
	Diltiazem HCL CD	Diltiazem HCL SR	Diltiazem HCL, sustained release
	Felodipine ER	Isradipine	Matzim LA
	Nicardipine	Nifedipine	Nifedipine XL
	Nimodipine	Nisoldipine	Taztia XT
	Verapamil HCL	Verapamil HCL PM	Verapamil HCL SR
	Verapamil HCL, 24 hour	—	—
ACE inhibitors	Benazepril HCL	Captopril	Enalapril maleate
	Fosinopril sodium	Lisinopril	Moexipril HCL
	Perindopril	Quinapril HCL	Ramipril
	Trandolapril	—	—
Adrenergic antagonists and related drugs	Clonidine HCL	Clonidine HCL patch	Doxazosin mesylate
	Clonidine HCL ER	Guanfacine HCL	Methyldopa
	Prazosin HCL	Guanfacine HCL ER	Terazosin
Other antihypertensive combinations	Amlodipine besylate/Benazepril HCL	Atenolol/Chlorthalidone	Benazepril HCL/Hydrochlorothiazide
	Bisoprolol fumerate/Hydrochlorothiazide	Captopril/Hydrochlorothiazide	Enalapril maleate/Hydrochlorothiazide
	Fosinopril sodium/Hydrochlorothiazide	Lisinopril/Hydrochlorothiazide	Methyldopa/Hydrochlorothiazide
	Metoprolol tartrate/Hydrochlorothiazide	Moexipril HCL/Hydrochlorothiazide	Propranolol HCL/Hydrochlorothiazide
	Quinapril HCL/Hydrochlorothiazide	Trandolapril/Verapamil	—

CARDIOVASCULAR			
Chapter name	Drug name		
Angiotensin II receptor blockers and renin inhibitors	Candesartan	Candesartan/Hydrochlorothiazide	Eprosartan
	Irbesartan	Irbesartan/Hydrochlorothiazide	Losartan potassium
	Losartan potassium/Hydrochlorothiazide	Telmisartan	Valsartan
	Valsartan/Hydrochlorothiazide	—	—
Lipid/cholesterol lowering agents	Amlodipine besylate/Atorvastatin	Atorvastatin	Cholestyramine light
	Cholestyramine	Colestipol	Fenofibrate
	Fenofibric acid	Fluvastatin	Gemfibrozil
	Lovastatin	Niacin	Pravastatin
	Simvastatin	—	—
Potassium	Potassium bicarbonate/Citric acid	Potassium chloride	Potassium chloride cap
	Potassium chloride liquid	Potassium chloride packet	Potassium chloride sustained
	Potassium chloride/Potassium bicarbonate/Citric acid	—	—
DIABETES			
Chapter name	Drug name		
Non-insulin oral hypoglycemic agents	Acarbose	—	Chlorpropamide
	Glimepiride	Glipizide	Glipizide ER
	Glipizide XL	Glipizide/Metformin	Glyburide
	Glyburide/Metformin	Glyburide, micronized	Metformin
	Metformin ER	Nateglinide	Pioglitazone
	Pioglitazone/Metformin	Repaglinide	Tolazamide
	Tolbutamide	—	—
Insulins	Humalog	Humalog mix	Humulin 50-50
	Humulin 70-30	Humulin N	Humulin R
	Lantus	Lantus Solostar	Levemir
	Toujeo Solostar	—	—
Non-insulin injectable hypoglycemic agents	Adlyxin	Bydureon	Byetta
	SymlinPen	—	—
RESPIRATORY			
Chapter name	Drug name		
Xanthines	Aminophylline	Theophylline anhydrous	Elixophylline
Beta agonist oral	Albuterol sulfate	Metaproterenol sulfate	Terbutaline sulfate
Beta agonist inhalers	Albuterol	Albuterol sulfate	Arcapta Neohaler
	Levalbuterol	Foradil	Perforomist
	Serevent Diskus	—	—
Inhaled steroids	Budesonide	Asmanex	Asmanex HFA
	Pulmicort Flexhaler	Qvar	—
Miscellaneous pulmonary agents	Acetylcysteine	Cromolyn sodium ampules	Ipratropium/Albuterol sulfate
	Ipratropium bromide solution	Montelukast	Zafirlukast
	Advair Diskus	Atrovent HFA	Combivent
	Advair HFA	—	—
	Dulera	Incruse Ellipta	Spiriva
Nasal Steroids	Symbicort	Tudorza Pressair	—
	Mometasone Furoate	—	—
MENTAL HEALTH			
Chapter name	Drug name		
Selective Serotonin Reuptake Inhibitors	Citalopram	Escitalopram	Fluoxetine
	Fluvoxamine	Paroxetine	Sertraline

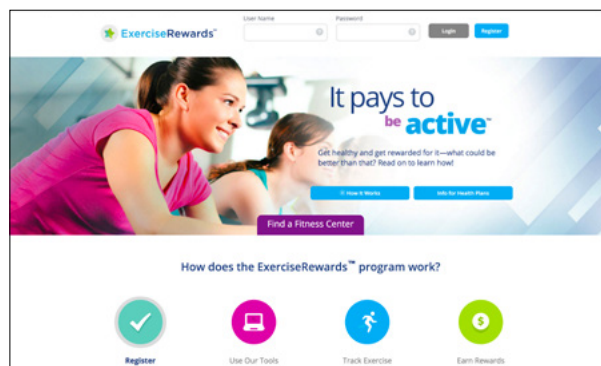
Not all forms or strengths of a listed drug may be covered at \$0. This list is subject to change.



To encourage and reward healthy behavior, WPS offers customers an ExerciseRewards™ fitness reward program that provides them with a reward of **\$30 a month for visiting a fitness center 10 or more times each calendar month**. Customers include employee, spouse, and dependent 18 years or older who are on the medical plan.

ExerciseRewards.com

Customers have access to a comprehensive website at no additional cost, when eligible for the program. They can find a contracted fitness center in their area that will submit their visits for them, view or print materials, track their activity, and view online classes.



Three reporting options

1. Automated

More than 8,000 contracted fitness centers or exercise centers across the country can automatically send each customer's fitness utilization to ExerciseRewards on behalf of the customer. Customers don't have to do anything else, except the initial fitness center sign-up process.

2. ExerciseRewards CheckIn!® mobile app

The ExerciseRewards CheckIn! mobile app allows customers to submit their fitness visits right from their phone or tablet. When customers check in at the fitness center, GPS tracks how long they are in the fitness center and then submits the time spent to ExerciseRewards when customers check out. Each fitness visit must be at least 30 minutes in length for credit.

Customers can choose from more than 30,000 fitness facilities nationally, including:

- Large fitness chains (LA Fitness, Curves®, Anytime Fitness, Snap Fitness, Gold's Gym, etc.)
- Independently owned fitness clubs
- YMCA/YWCA

3. Manual

Customers can choose to manually log their visits on paper and mail or email to ExerciseRewards. Fitness centers will need to sign off each time customers visit to verify their use.

The ExerciseRewards program is provided by American Specialty Health Fitness, Inc. (ASH Fitness), a subsidiary of American Specialty Health Incorporated (ASH). ExerciseRewards, the ExerciseRewards logo, It pays to be active! and ExerciseRewards Checkin! are registered trademarks of ASH and used with permission herein.

HEALTH INSURANCE • HEALTH PLAN

Q&A



1. Q: What is the ExerciseRewards™ program, and what is the benefit to me?

A: The ExerciseRewards program rewards you for working out at fitness centers. WPS Health Insurance members are eligible to participate.

2. Q: Who provides the ExerciseRewards program?

A: The ExerciseRewards program is provided by American Specialty Health Fitness, Inc. (ASH Fitness), a subsidiary of American Specialty Health Incorporated (ASH). ASH is one of the nation's leading health services companies. It provides a wide range of musculoskeletal provider network, fitness and exercise, and health management programs to health plans, employer groups, insurance carriers, and trust funds to improve the health of their members or employees.

Its mission is to empower individuals to live longer, healthier lives. ASH does this through a variety of population management programs, created through innovation, scientific evidence, and state-of-the-art technology, and measured against the highest industry standards.

3. Q: How does the program work?

A: You need to work out at least 10 times per month at an acceptable fitness center to receive your reward. You can receive credit for one fitness center visit per calendar day (with at least 8 hours between visits).

4. Q: How can I track fitness center visits?

A: There are 3 ways you can track your fitness center visits:

- 1) The Active&Fit Direct program—Choose from 11,000+ fitness centers nationwide for just \$25 a month (plus a \$25 enrollment fee and applicable taxes). Once enrolled, you don't need to do anything else—the Active&Fit Direct fitness centers will submit your visits for you automatically for a hassle-free way to earn visits toward your reward goal. You can quickly and easily enroll in the Active&Fit Direct program by visiting [ExerciseRewards.com](https://www.ExerciseRewards.com).
- 2) ASHConnect™ app on your smartphone—Track your workouts at thousands of fitness centers nationwide. For the app to count your visit, your workout should be at least 30 minutes long. This is another efficient method that uses GPS data for real-time tracking. Search for "ASHConnect" in your app store.
- 3) Paper log—Submit your completed **Visit Submission Form**. Please make sure the form is complete and legible to earn credit for each visit.

5. Q: Can I use more than one method to track my visits?

A: Yes, you can use any or all of the 3 methods. You are not limited to just one method. You can log on to the ExerciseRewards website to track your progress toward your reward.

6. Q: How do I register?

A: Simply go to [ExerciseRewards.com](https://www.ExerciseRewards.com) and register for an online account. You can also use a Visit Submission Form to track your workouts at your fitness center and submit for credit. You don't need online access to participate in this way.



7. Q: What are some of the website features?

A: The website has some great features, including:

- Fitness center search—Find participating fitness centers that automatically report visits and may offer guest passes through the Active&Fit Direct™ program.
- Quarterly online newsletters covering health and exercise topics.
- Online classes.

8. Q: How can I enroll in the Active&Fit Direct program?

A: You may enroll in the Active&Fit Direct program by going to ExerciseRewards.com. Once you choose a participating fitness center, a \$25 enrollment fee, \$25 for the current month (regardless of the enrollment date within that month), and \$25 for the next month will be due when you enroll. Each month's fee is \$25.

After a 3-month commitment, participation is month-to-month. Once enrolled, you may view or print your fitness card. Payment will be charged on the closest day within the same month (e.g., if you enroll January 30, the recurring payment is February 28, the last day of the month).

9. Q: What should I do if I already go to a fitness center but I want to enroll into an Active&Fit Direct fitness center?

A: Active&Fit Direct network fitness centers allow you to cancel or suspend current memberships so you may enroll in the Active&Fit Direct program at no penalty. If you decide to cancel your Active&Fit Direct enrollment, and the original fitness center membership was suspended (and not canceled), your original membership should be reinstated.

10. Q: What do I need to send in to the ExerciseRewards program if I am manually tracking my activity on the Visit Submission Form?

A: If you choose to attend an acceptable fitness center that does not submit visits and you're not enrolled in the Active&Fit Direct program or using the ASHConnect app, then you'll need to keep track of your workouts on a paper log.

Complete the Visit Submission Form, which documents your fitness center visits. A fitness center staff member must sign or stamp the log for each visit, or you can submit a computer printout of your workouts from the fitness center. Please ensure the form is complete and legible to process your reward.

Submissions must be received no later than 90 days after the end of each month.

The Visit Submission Form is available at ExerciseRewards.com or by calling 877.810.2746.

11. Q: What do I need to do to get rewarded?

A: You need to complete at least 10 fitness center visits in each month timeframe. Activity can be tracked on ExerciseRewards.com when you:

- » Enroll in the Active&Fit Direct program and attend a contracted fitness center. Visits will be added to your account after they are received and processed, approximately one month after you visit the participating fitness center.
- » Use the ASHConnect app.

If you submit paper logs of your workouts, the visits will be added to your online account when your log is received and processed.



12. Q: How do I redeem my reward?

A: You will be able to see your reward information on the website. Once your visit requirement is met and processed, you will receive a redemption email (if on file) advising you to log in to www.ExerciseRewards.com. Go to the Rewards page and click “Available to redeem” and select your incentive period. Confirm your mailing address and click “Redeem.”

13. Q: When should I expect to receive my reward?

A: All rewards are processed within 7 – 10 days of a member redeeming their reward on the website.

If you are submitting paper logs, and you submit incomplete or invalid documentation, your reward will not be processed. The reason your reward was not processed will be posted to your account on the ExerciseRewards website within 30 days of receipt of your submission.

14. Q: If a fitness center is not in the ExerciseRewards network, how will I know if it is acceptable to use for this program?

A: For a fitness center to qualify, it must be in the 50 U.S. states or District of Columbia; offer regular cardiovascular, flexibility, and/or resistance training exercise programs or may include instructor-led classes (such as Zumba®, Pilates, “step” classes, yoga, aquatics, etc.); must have staff oversight; and must offer a membership agreement.

Examples of excluded centers that do not qualify for rewards include, but are not limited to, the following:

- » Services and activities such as rehabilitation services, physical therapy services, country clubs, social clubs, or sports teams and leagues
- » Dues or fees for participating in aerobic/fitness activities not in an acceptable fitness center, as well as fees for personal training, lessons (e.g., tennis and swimming), coaching, and exercise equipment or clothing purchases
- » Exercise sessions at fitness centers where there is no staff oversight (e.g., centers in apartment buildings, hotels, and sports clubs)

Because these excluded fitness centers are not eligible for rewards, they will not appear in the ASHConnect app and are not in the Active&Fit Direct network.

Talk to a doctor anytime

Teladoc® gives you 24/7/365 access to U.S. board-certified doctors through the convenience of phone, video or mobile app visits. It's an affordable alternative to costly urgent care and ER visits when you need care now.



MEET OUR DOCTORS

Teladoc is simply a new way to access qualified doctors. All Teladoc doctors:

- Are practicing PCPs, pediatricians, and family medicine physicians
- Average 20 years experience
- Are U.S. board-certified and licensed in your state
- Are credentialed every three years, meeting NCQA standards

GET THE CARE YOU NEED

Teladoc doctors can treat many medical conditions, including:

- **Cold & flu symptoms**
- **Allergies**
- **Sinus problems**
- **Sore Throat**
- **Respiratory infection**
- **Skin problems**
- **And more!**

WHEN CAN I USE TELADOC?

Teladoc does not replace your primary physician. It is a convenient and affordable option for quality care.

- When you need care now
- If you're considering the ER or urgent care for a non-emergency issue
- On vacation, on a business trip, or away from home
- For short term prescription refills

Talk to a doctor anytime for **\$50 or less depending on your health plan!**

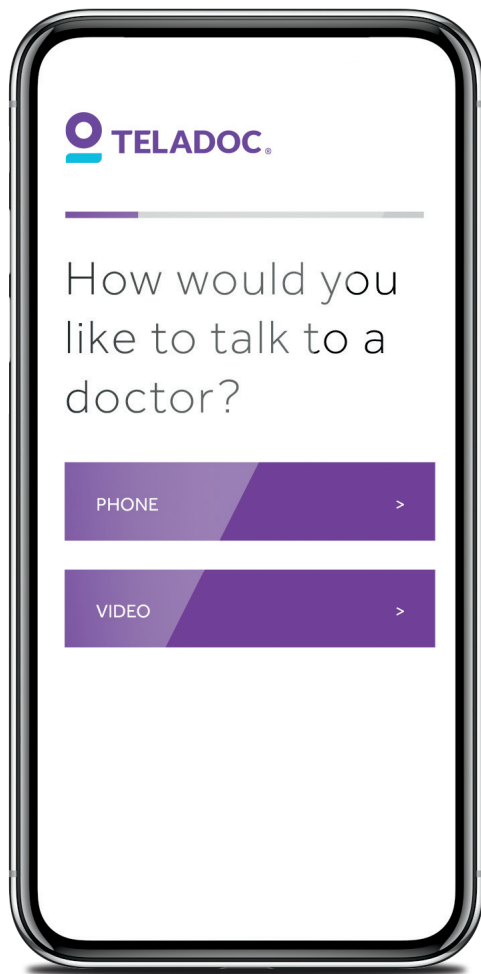
(\$50 fee applies to your plan's deductible, coinsurance, and out-of-pocket maximum.)

 [Teladoc.com](https://teladoc.com)

 1-800-TELADOC (835-2362)



Setup your Teladoc account in 4 easy steps



**Download the app to talk to a doctor
anytime, anywhere by phone or video.**

1

Download the app

Search for "Teladoc" in the App Store or on Google Play.

2

Set up your account

Once you've downloaded the app, select "Set up your account."

3

Enter basic contact information

Provide some information about yourself to confirm your eligibility. We'll confirm we found your benefits and you'll continue creating your account.

4

Create your account

Enter your address and phone number, create a username and password, pick security questions, and agree to terms and conditions.

Download the app to talk to a doctor today.

Download the app 

Visit [Teladoc.com](https://www.teladoc.com) | Call 1-800-TELADOC (835-2362)

Vision Discount Program



WPS Health Insurance and WPS Health Plan customers receive FREE access to the EyeMed Vision Care discount program. EyeMed offers substantial savings on eye care and eyewear at thousands of provider locations nationwide.

To receive your discount, simply show your WPS customer ID card when you visit participating EyeMed providers. Tell them your EyeMed discount number:

- **WPS Health Insurance: 9238049**
- **WPS Health Plan: 9238064**

EyeMed's provider network includes many familiar optical retailers, including LensCrafters, Pearle Vision, Sears Optical, Target Optical, and more.

To find a vision care provider in your area, contact EyeMed toll-free at **866-559-5252** or **eyemed.com**. On the website, click **Find an eye doctor**, enter your ZIP code, and select **Access** in the **Choose Network** drop-down menu. If you would like to speak to an EyeMed agent, please call **866-939-3633**.

Vision Care Services	Customer Benefits
Eye Exam (with dilation, as necessary)	\$5 off routine exam \$5 off contact lens exam
Complete Pair Eyeglass Purchase*	
Frames	
▪ Any Available Frame at Provider Location	35% off retail price
Standard Plastic Lenses	
▪ Single Vision	\$50 member responsibility
▪ Bifocal	\$70 member responsibility
▪ Trifocal	\$105 member responsibility
Lens Options	
▪ UV Coating	\$15 member responsibility
▪ Tint (solid and gradient)	\$15 member responsibility
▪ Standard Scratch-Resistant Coating	\$15 member responsibility
▪ Standard Polycarbonate	\$40 member responsibility
▪ Standard Anti-Reflective Coating	\$45 member responsibility
▪ Standard Progressive (add-on to bifocal)	\$65 member responsibility
▪ Other Add-Ons and Services	20% off retail price
Contact Lenses (discount applies to materials only)	
▪ Conventional	15% off retail price
Laser Vision Correction	
▪ LASIK or PRK from U.S. Laser Network	15% off retail price or 5% off promotional price
Frequency of use for examination, frames, lenses, or contact lenses unlimited	

WPS customers receive access to the EyeMed Vision Care discount program at no additional cost.

WPS

HEALTH INSURANCE • HEALTH PLAN

*Frame, lens, and lens option discounts apply only when purchasing a complete pair of eyeglasses. If purchased separately, customers receive 20% off the retail price. Benefits may not be combined with any discount, promotional offering, or other group benefit plans, except as indicated. Discount plan is effective 10/1/2019 through 9/30/2021.



Hear In America Hearing Plans

Your no-cost hearing benefits cover you and your extended family¹, including a **FREE** annual hearing screening at participating hearing centers.

When you buy hearing aids through Hear In America, you also receive the following, at no additional cost:

- » High-quality hearing aids from nine top brands at up to 70% off MSRP
- » Office service
- » Three-year repair and loss warranty (wear and tear)
- » Three years of hearing aid batteries
- » Available financing for up to 12 months with no interest or fees.

Register for your benefits

 Call: **800-286-6149**

 Visit: **hearinamerica.com**

Did you know?

- » Nine out of 10 hearing aid users report improved quality of life
- » Adults who experience hearing loss may face a higher risk of dementia or Alzheimer's disease
- » Hard-of-hearing people using hearing aids are less likely to face discrimination

(Source: Better Hearing Institute)

If you often ask people to repeat themselves, have a hard time understanding when there is background noise, or prefer the radio or TV volume louder than others, you may benefit from a **FREE** hearing screening!

WPS[®]

HEALTH INSURANCE • HEALTH PLAN

¹Extended family includes all blood relatives, adopted family members, domestic partners, and in-laws, regardless of age, dependent status, or state of residence. Network limited to U.S.

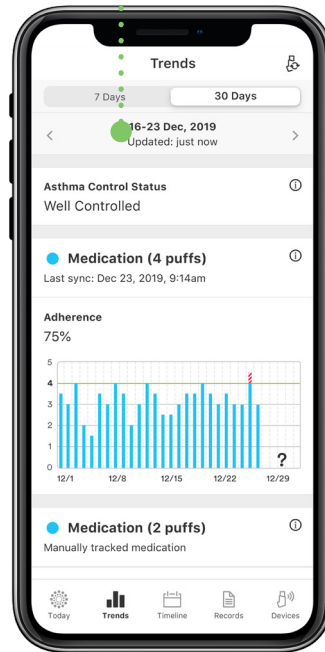
Take control of your asthma or COPD. It's easy with Propeller.

Get your inhaler sensor in the mail

Propeller sensors easily attach to the inhalers you already use. They gather information about your medication use. And they can chime when it's time to take a dose.

Download the smartphone app

The app learns about your asthma or COPD. It identifies trends about your condition and sends you tips that can help you breathe easier.



Share your progress with your doctor

Get detailed reports and share them with your doctor to determine the best way to treat your asthma or COPD in the future.

Propeller is available at no cost to you if you qualify.

Log in to your Express Scripts account at express-scripts.com/healthsolutions to see if you are eligible for the Propeller program.

Questions? Call Express Scripts at (844) 399-5542 Mon-Fri, 9 a.m.-5:30 p.m. ET.

WPS

HEALTH INSURANCE • HEALTH PLAN

 **Propeller**

Registering with Express Scripts

Online access to savings and convenience

Manage your medicines anywhere, any time with express-scripts.com and the Express Scripts mobile app

Register now so you can experience:

- **More savings.**
Compare prices of medicines at multiple pharmacies. Get free standard shipping* from the Express Scripts PharmacySM.
- **More convenience.**
Get up to 90-day supplies of your long-term medicine sent to your home. Order refills, check order status, and track shipments. Print forms and ID cards, if needed.
- **More confidence.**
Talk with a pharmacist from the privacy of your home any time, from anywhere. Find the latest information on your medicine, including possible side effects and interactions.
- **More flexibility.**
Download the Express Scripts mobile app to manage your medicines, find nearby pharmacies and get directions, and use your virtual ID card while on the go.

Get Started Today!

Registering is safe and simple. Your information is secure and confidential. Please have your member ID number or SSN available.

- Go to express-scripts.com, select **Register Now** or download the **Express Scripts Mobile App** for free from your mobile device's app store and select **Register Now**
- Complete the information requested, including personal information and member ID number or Social Security Number (SSN), create your user name and password, along with security information in case you ever forget your password
- Click **Register now** and you're registered
- On the final page, you can set preferences** now, or later in **My Account** on express-scripts.com
- Click **Continue**

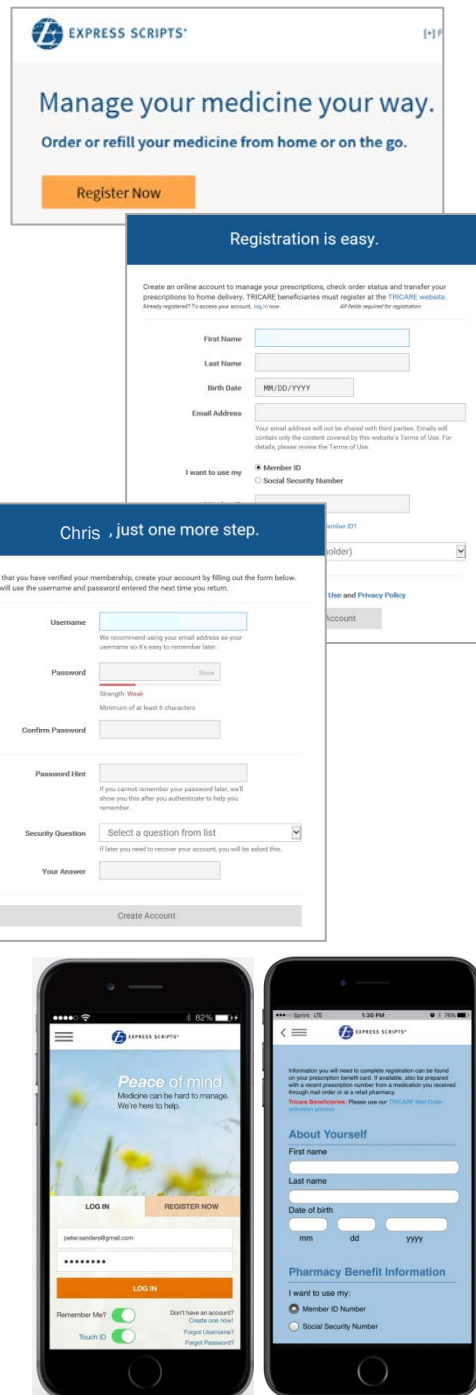
Members who have **Apple's touch ID authentication** on their iPhone or iPad devices can enable it to login to their Express Scripts account on the mobile app, if desired.

* Standard shipping costs are included as part of your prescription plan benefit.

** Preferences include the option to share your prescription information with other adult members of your household (aged 18+) covered under your prescription drug plan.

- All covered adults (aged 18+) in the household need to register separately.
- When you grant permission to share your prescription information with other registered household members, they can view your information, place orders on your behalf and more.

The Express Scripts mobile app is available for iPhone®, Android™, Windows Phone®, Amazon, and Blackberry® mobile devices.



The image displays four screenshots of the Express Scripts registration process. The top screenshot is the website's landing page with the headline "Manage your medicine your way." and a "Register Now" button. Below it is a "Registration is easy." section with a form for creating an account, including fields for First Name, Last Name, Birth Date, Email Address, and Member ID or Social Security Number. The bottom-left screenshot shows a "Chris, just one more step." screen with fields for Username, Password, Confirm Password, Password Hint, and Security Question. The bottom-right screenshot shows a mobile app interface with the headline "Peace of mind" and a "REGISTER NOW" button. The bottom-right screenshot also shows a "About Yourself" screen with fields for First Name, Last Name, Date of Birth, and Pharmacy Benefit Information.